



SuperAging and Brain Donation

As a SuperAger, your exceptional memory and cognitive health are rare and valuable. Researchers are very interested in understanding what makes your brain function so well, especially as you age.

Here's why your brain donation could make a big difference:

- › **Understanding Healthy Cognitive Aging:** Your brain represents an extraordinary example of healthy cognitive aging. By studying it, scientists can learn more about what keeps your brain in such great shape, which can help others maintain their cognitive health as they get older.
- › **Identifying Key Factors:** Researchers want to discover what sets SuperAgers apart from those who experience typical age-related memory decline. Your brain can provide crucial clues about the factors that contribute to your impressive cognitive abilities.
- › **Advancing Research:** Your donation can help advance scientific knowledge about brain health and aging. This research can lead to new insights and potentially better strategies for preventing cognitive decline in the future.
- › **Inspiring Hope:** Your participation can inspire hope and provide valuable information that may benefit future generations. Your brain's unique characteristics can help shape a better understanding of aging and contribute to finding ways to enhance cognitive health for everyone.

By choosing to donate your brain, you're helping scientists gain a clearer picture of what keeps brains like yours functioning at a high level. **Your contribution is not just about advancing research; it's about paving the way for discoveries that can benefit future generations.**

Our brain donation coordinators are available to assist you during the decision-making process.

Contact **Loreece Haddad** at 312-503-5103 or loreece.haddad@northwestern.edu.

Northwestern University.

SuperAging
Program

To Report a Death

When the donor has passed, please call our 24-hour number at **773.495.2982**.

More Information

Learn about brain donation and our research, at brain.northwestern.edu/braindonation.