Woodson Dementia Caregivers Support Group

Wednesday: May 19, July 21, September 15, & November 17; 3pm-5pm

Facilitated by
Jenil Bennett: Geriatrics Community Health Worker
Monica Long: Clinical Research Nurse Educator

Woodson Regional Library is partnering with SHARE Network of the University of Chicago Biological Sciences Division by providing resources for older adults on the South Side. This support group is open for individuals who serve as caregivers for individuals with dementia. The support group will entail discussions on topics that are inspired by the interest and needs of the participating dementia-caregivers, such as daily care activities related to food and eating, communication, safety, behavior, and aggression, just to name a few.

Research shows that there are too few geriatric specialists to meet the current needs of older South Side residents. The Woodson Dementia-Caregivers Support Group is designed to provide additional support for South Side residents. "Caregiver Stress Reductions Tool Kits" will be available for all participants of this session. Details for obtaining the kits will be provided in the session. This event takes place on Zoom.

Register online at chipublib.org

SHARE NETWORK
Supporting Healthy Aging Resources & Education