



Resource Directory

2020





The purpose of this tool is to provide a framework of services available for individuals and families living with symptoms or a diagnosis of memory loss, with a particular emphasis on the Latino/a community in the Chicagoland area.

The first page shows a color-coded table of contents outlining the main topics presented in this tool. Specific service providers and organizations with contact information will be included by color-coded section in the latter parts of the tool. This is not a comprehensive list of services but is meant to serve as a guide and a starting point for individuals and families managing changes in cognition. Given the changing nature of social services, we are not able to include all available resources or handle all changes in services. Please contact service organizations directly to confirm availability of resources.

If you or your loved one is undocumented, you may not qualify for some of the services listed within this tool. Please contact services you are interested in directly for further inquiry.

Sincerely,

The Latino Alzheimer's Coalition for Advocacy, Research, and Education

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If you notice/suspect changes in a loved one, seek help by talking to:

- Primary Care Provider
- Neurologist (may need referral from your primary care provider)
- Alzheimer's Association and Alzheimer's Foundation of America for guidance to a local diagnostic evaluation centers and tips on what questions when getting a diagnosis (Services in Spanish Available)



Community Services [PAGE 7](#)

If your loved is diagnosed with dementia, the following agencies can be contacted for assessment of services needed and guidance on what is available:

- Local Area Agency on Aging/Aging & Disability Resource Center
- Illinois Department on Aging Hotline



Care Options [PAGE 9](#)

If your loved one needs additional care, here are some types of care options available:

- Adult Day Program – a facility that provides a safe environment, activities, and staff who pay attention to the needs of a person with Alzheimer's disease.
- Home Health Care – provide care and or company to individuals in their homes
- Residential Care – an option for individuals with Alzheimer's disease who need around the clock care. These facilities can include nursing homes.

*Adult day centers and home care services can provide a much needed break. While the person with Alzheimer's is at the center, you'll have time to rest, run errands or finish other tasks.



Support & Education [PAGE 11](#)

If you are caring for a loved one with dementia, you are not alone. Please reach out for help - these organizations are a good place to start:

- Alzheimer's Disease Centers
- Alzheimer's Association 24-hour helpline (Services in Spanish Available)
- Alzheimer's Foundation of America National Toll Free Helpline



Legal & Financial [PAGE 14](#)

If you are caring for a loved one with dementia, here are resources to help you plan for his or her care:

- Elder Law Attorney (<http://www.naela.org>)
- Long Term Care Information (<http://www.longtermcare.gov>)
- National Council on Aging for Benefits Check Up (<http://www.benefitscheckup.org>)
- Senior Health Insurance Program



Research [PAGE 15](#)

If you are caring for a loved one with dementia, they may be eligible to participate in research:

- U.S. National Institutes of Health Clinical Trials (<http://www.clinicaltrials.gov>)
- Alzheimer's Association Trial Match (trialmatch.alz.org)
- Alzheimer's Disease Centers



Medical/Diagnostic

If you notice/suspect changes in a loved one, seek help by talking to:

■ **Advocate Memory Center - Parkside Outpatient Center Center**

(847) 720-6464

1875 Dempster Street Suite 520, Park Ridge, IL 60068

<https://www.advocatehealth.com/health-services/advocate-memory-center/>

This center treats Alzheimer's disease and other forms of dementia beginning with the evaluation of patient's unique situation to diagnose the cause of the cognitive changes, develop a care plan and offer guidance and support to the patient and their care partners.

■ **AMITA Health Neurosciences Institute Center for Memory Disorders**

(855) 692-6482

Various locations in the Chicagoland area

<https://www.amitahealth.org/services/neurosciences/treatments/center-for-memory-disorders>

Patients with memory disorders, such as Alzheimer's disease, are evaluated and receive an accurate diagnosis and a personalized treatment plan. In many cases, patients will have the opportunity to participate in a clinical trial and access experimental medications and therapies.

■ **American Brain Foundation - Brain&Life Find a Neurologist Tool**

<https://www.brainandlife.org/findaneurologist/>

Offers an online search engine that helps you find a neurologist according to location, subspecialty, or name.

■ **MercyHealth Memory Clinic - Rockford**

(815) 971-2000

2350 N. Rockton Ave. Rockford, IL 61103

<https://mercyhealthsystem.org/service/memory-care/>

Offers comprehensive memory care services at several locations in Illinois. This care includes diagnostic services, treatment, and management of memory loss.

■ **Loyola University Medical Center - Alzheimer's Disease & Memory Disorder Center**

(888) 584-7888

2160 S. First Avenue, Maywood, IL, 60153

<https://www.loyolamedicine.org/neurology-neurosurgery/alzheimer'sdementia-and-memory-disorders>

Uses a multidisciplinary approach to treat Alzheimer's disease and other memory disorders. Staff are committed to compassionate care from diagnosis to treatment and beyond.

■ **Neurobehavioral Associates, P.C.**

(800) 564-0863

Orland Park: 10730 West 143rd Street, Suite 37, Orland Park, IL 60462

Buffalo Grove: 1110 West Lake Cook Road, Suite 355, Buffalo Grove, IL 60089

<http://www.chicagoneuropsychologist.com/>

Provides comprehensive outpatient neuropsychological assessment services for individuals of all ages in whom cognitive impairment or neuropsychiatric functioning are evident or suspected.

■ **Northwestern Medicine - Neurobehavior and Memory Clinic**

(312) 695-9627

676 N. Clair Street, Suite #945, Chicago, IL, 60611

<https://www.brain.northwestern.edu/dementia/ad/index.html>

Offers a comprehensive array of diagnostic, therapeutic and innovative care that treats the whole patient.

■ **Northshore University Neurological Institute: Alzheimer's Disease and memory Disorders Program**

(877) 570-7020

Neurological care offered at multiple locations, refer to website for locations

<https://www.northshore.org/neurological-institute/centers-and-programs/alzheimers-disease-and-memory-disorders-program/>

Provides comprehensive, compassionate and multidisciplinary care that focuses on individuals with memory loss. There is a focus on clinical research as well as educating physicians and community about Alzheimer's disease.

■ **Rush Alzheimer's Disease Center - Memory Clinic**

(312) 942-3333

600 S. Paulina Street, Suite 130 Chicago, IL, 60612

<https://www.rush.edu/services/conditions/alzheimers-disease>

Care for Alzheimer's disease includes cognitive function assessments, symptom management, emotional support, and opportunities to participate in clinical trials as part of the patient's treatment plan.

■ **Rush University Medical Center Senior Care**

(312) 942-7030

1725 W. Harrison Street, Suite 955 Chicago, IL, 60612

<https://www.rush.edu/locations/rush-university-senior-care>

Provides both primary care as well as consultative care to people 65 and older. Senior Care works with the older adult's primary care physician if the patient presents for evaluation of geriatric syndromes such as functional decline or memory loss.

■ **The University of Chicago - Memory Center**

(773) 834-4340 (if 65 years or older) or (773) 702-6222 (if under age 65)

Outpatient Senior Health Center at South Shore 7101 S. Exchange Ave. Chicago, IL 60649

Medical Campus 5758 S. Maryland Ave. Chicago, IL 60637

<https://thememorycenter.uchicago.edu/>

Services include initial evaluations, second opinions, assessment and management of behavioral or psychiatric problems accompanying memory disorders, primary care for memory loss, referrals from community physicians for evaluation, consultation, and ongoing care.

■ **University of Illinois at Chicago Geriatrics Clinic - Memory Aging Clinic**

(312) 996-2240

Outpatient Care Center, Suite 3A 1801 W. Taylor St. Chicago, IL 60612

<https://hospital.uillinois.edu/primary-and-specialty-care/geriatrics/our-services>

With a strong emphasis on patient and caregiver education the Clinic offers primary care, consultative assessments, and medication management therapy to older adults with or at risk for dementia such as Alzheimer's disease.



Community Services

If your loved one has a diagnosis of dementia, you can contact the following agencies for an assessment of services needed and guidance on what is available to:

■ **AgeOptions**

(800) 699-9043 (708) 383-0258

1048 Lake Street, Suite 300 Oak Park, IL, 60301-1102

<http://www.ageoptions.org/index.html>

Connects residents with vital services such as information and assistance, community dining programs and home-delivered meals, housekeeping help, employment services, access to benefits, and provides support for family caregivers.

■ **Community Care Program**

Senior HelpLine: (800) 252-8966

<https://www2.illinois.gov/aging/CommunityServices/ccp/Pages/default.aspx>

Government program that assists low income older adults who need help with activities of daily living by helping to pay for home and community based services including: care management, in-home care, adult day care, transportation and home delivered meals.

■ **The Catholic Charities of the Archdiocese of Chicago - Senior Services**

(312) 655-7700

721 N. LaSalle Street Chicago, IL, 60654

<http://www.catholiccharities.net/AboutUs/ServiceAreas/SeniorServices.aspx>

Provides comprehensive services so seniors are able to continue to live independently or with caregivers in their own homes and communities.

■ **Choices for Care Program**

Senior Helpline: (800) 252-8966 General: (312) 744-4016

<https://www2.illinois.gov/aging/CommunityServices/choices/Pages/default.aspx>

Offers screenings and counseling for seniors and provides their families the opportunity to ask questions, discuss needs, and understand options for continuing care.

■ **Latino Alzheimer's & Memory Disorders Alliance (LAMDA)**

(224) 715-4673

6112 West Cermak Road, Cicero, IL 60804

<http://www.latinoalzheimersalliance.org/>

Works to empower Latino caregivers and families of those afflicted with Alzheimer's disease and memory disorders by providing education, skill building training and support programs, as well as training programs to healthcare providers.

■ **Program of All-Inclusive Care for the Elderly (PACE)**

<https://www.medicaid.gov/medicaid/ltss/pace/index.html>

The PACE program in Illinois coordinates and provides care and services to older enrollees with chronic care needs to enable them to continue living safely in the community as long as possible.

■ **Solutions for Care**

(708) 447-2448

7222 W. Cermak Rd, Suite 200 North Riverside, IL, 60546

<http://www.solutionsforcare.org>

Provides several programs (caregiver support, care coordination, and adult protective services among others) for older adults that enhance independent living.

■ **La BROCHA (Latinas/os Buscando Refugio y Optimismo Cuando Hacen Arte)**

(708) 858-1323

Labrochachicago@gmail.com

Updates and information can be found [@LaBrochaChicago](#) on Facebook

Provides free art workshops to Latinas/os 60 years and older, including those with memory loss, Alzheimer's or Parkinson's disease. The workshops are led by a teaching artist who guides all participants step-by-step through a featured painting. NO art experience is required.

■ **Berwyn Bilingual Memory Café**

(708) 749-0606 Ext.3511

PAV YMCA, 2947 Oak Park Ave., Berwyn IL 60402 (Room A/B)

Trina Valencia: tvalencia@pavymca.org

Memory Cafés is a space for seniors with memory loss and their care partners to have fun, eat snacks, socialize and learn about memory related health and wellness resources. The group meets the 2nd Tuesday of each month from 10 -11:30am.

■ **SHARE Network**

(773) 702-9638

5841 S. Maryland Ave. MC 6098 Chicago, IL 60637

<http://sharenetworkchicago.org/>

The SHARE Network is older adults, caregivers, providers, and aging specialists working together, sharing knowledge and resources, to bridge the gap between geriatric specialty care and the Chicago South Side community.



Care Options

If your loved one has a diagnosis of dementia, you can contact the following agencies for an assessment of services needed and guidance on what is available:

■ **A Place for Mom**

(866) 518-0936

<https://www.aplaceformom.com/alzheimers-care/illinois/chicago>

Provides a searchable database of assisted living facilities with memory care services, and information to help families determine the best option for their loved one.

■ **Arch National Respite Network**

<https://archrespite.org/>

Respite is planned or emergency care provided to a person with special needs in order to provide temporary relief to their family caregivers. This website helps families locate respite and crisis care services in their communities

■ **Help for Alzheimer's Families - Care Grant Program**

<https://www.helpforalzheimersfamilies.com/get-help/hilarity-for-charity/>

Awards home care grants to those providing care to their loved ones living with Alzheimer's disease or another type of dementia.

■ **CarePathways**

<http://www.carepathways.com>

A searchable database that provides information about senior care and housing options. This website also offers information regarding senior care and hiring a caregiver.

■ **Coalition of Limited English Speaking Elderly (CLESE)**

(312) 461-0812

53 W. Jackson, Suite 1340 Chicago, IL, 60604

<http://clease.org>

Association of long term care providers matches ethnic consumers with care provider of similar cultural backgrounds. *Services only available in Chicago.

■ **Palatine Township Senior Citizens Council - Caring Hearts Adult Day Center**

(847) 991-1112

505 South Quentin Road Palatine, IL, 60067

<https://www.ptsc.org/caring-hearts-adult-day-services-p-34>

This service offers an interactive social group for seniors with mild to moderate Alzheimer's disease or dementia. As part of this program, seniors engage in stimulating social activities, receive lunch and transportation.

■ **Casa Central - Older Adults Services**

General: (773) 645-2300 Center: (773) 645-2487

1343 N. California Ave. Chicago, IL, 60622

<https://www.casacentral.org/our-programs/seniors/>

Offers in-home and center-based programs. The Adult Wellness Center and provides a wide variety of fun and therapeutic activities. Casa Central also offers 55 and Better Program for those over the age of 55 that are eager to enter the workforce.

■ **Illinois Adult Day Services Association (IADSA)**

529-6503

http://www.iadsa.com/locate_a_member_center_0.aspx

Offers online directory that allows you to locate adult day care providers in your community. Database consists of member providers of IADSA.

■ **Illinois Homecare and Hospice Council (IHHC)**

753-4422

https://www.ilhomecare.org/IHHC/FOR_CONSUMERS/Find_a_Provider/IHHC/Provider_Search.aspx?hkey=3c5a21a5-8de3-42d9-8a8a-0b84dc0f6457

Offers online directory that allows you to locate in-home care providers in their community. Database consists of member providers of IHHC.

■ **National Adult Day Services Association (NADSA) - Adult Day Services Tool**

(877) 745-1440

<https://www.nadsa.org/for-members/adult-day-services-tools/>

This national database helps you find adult day services in your area.

■ **Illinois Hospice & Palliative Care Organization (ILHPCO)**

(847) 441-7200

<https://il-hpco.org/>

Information and referral services for hospice and palliative care in Illinois. Website also provides a search tool to locate hospice programs in their communities.

■ **Nursing Homes - Illinois Department of Public Health**

(800) 252-4343

<http://www.dph.illinois.gov/topics-services/health-care-regulation/nursing-homes>

Government website provides information on nursing homes in Illinois. Use their search tool to find licensed nursing homes by city, county or zip code and facility name.

■ **Lawndale Christian Health Center - Senior Center Day Services**

(872) 588-3800

3745 W Ogden Avenue, Chicago, IL 60623

<https://www.lawndale.org/service/senior-services>

This weekday program supports seniors that continue to live at home. It offers recreational and social activities, dietitian-planned meals, transportation to and from home, and nurse-supervised healthcare support.



Support & Education

If you are caring for a loved one with dementia, you are not alone. These organizations are a good place to start:

■ **City of Chicago Senior Services - Area Agency on Aging**

(312) 744-4016

<https://www.chicago.gov/city/en/depts/fss/provdrs/senior.html>

Provides programs designed to address the diverse needs and interests of older Chicagoans. Senior Centers offer information and assessment; and programs focused on health/fitness, education, recreation, and cultural enrichment.

■ **Illinois Area Agencies on Aging (AAA's)**

(312) 744-4016

1615 W. Chicago Avenue, 3rd Floor Chicago, IL, 60622

<https://www2.illinois.gov/aging/partnersproviders/pages/aaa-main.aspx>

AAAs offers the following aging services: information and assistance, care management, nutrition services, legal assistance, services for family caregivers, and a caregiver support program.

■ **Illinois Respite Coalition (IRC)**

(630) 207-8479

6650 W. Irving Park Rd. c/o Illinois Respite Coalition Chicago, IL 60634

<http://www.illinoisrespitecoalition.org/>

Coalition of caregivers that promote services and support for families. Coalition website serves as a resource for caregivers and those who work with them.

■ **Illinois Family Caregiver Support Program (FCSP)**

(312) 744-4016

<https://www2.illinois.gov/aging/CommunityServices/caregiver/Pages/program.aspx>

FCSP services for family caregivers include: information, assistance, individual counseling, support groups and caregiver training, respite care, and supplemental services, such as transportation and home modifications.

■ **Latino Alzheimer's and Memory Disorders Alliance (LAMDA)**

(224) 715-4673

<http://www.latinoalzheimersalliance.org>

Offers Alzheimer's disease and dementia specific Spanish-speaking caregiver support groups and online resources such as informational brochures and videos.

■ **Senior Health Insurance Program (SHIP)**

(800) 252-8966

<https://www2.illinois.gov/aging/ship/Pages/default.aspx>

Assists with all types of questions related to Medicare, including: eligibility, prescription drug coverage under Medicare Part D, managed care, long-term care planning, health insurance and other health care issues.

■ **Alzheimer's Foundation of America (AFA)**

National Toll Free Helpline: (866) 232-8484

<https://www.alzfdn.org>

Operates a National Toll-Free Helpline that provides support and assistance to callers and connects them with resources in their area. AFA also offers free, confidential memory screenings at sites across the country.

■ **Bright Focus Foundation**

(800) 437-2423

<https://www.brightfocus.org/>

Bright Focus funds scientific research to defeat Alzheimer's disease, macular degeneration, and glaucoma and provides expert information on these diseases.

- **Family Caregiver Alliance, National Center on Caregiving (NCC)**
(415) 434-3388
<https://www.caregiver.org/national-center-caregiving>
Services include guide to help families locate caregiver support programs, information regarding each state's background characteristics related to caregiving and aging, caregiver information and assistance, research, and educational materials.

- **Centro Castillo for Personal and Family Wellbeing**
773-622-6218
https://centrocastillo.com/Home_Page.html
This center offers therapy sessions in English and Spanish, group therapy, and educational workshops for a variety of clinical specialties in various locations.

- **In-Home Counseling for Seniors**
(847) 903-5604
<https://www.inhomecounselingforseniors.com/>
This center offers counseling in the comfort of your home. Specialties include senior and family counseling, depression, and anxiety among others

- **Interfaith Leadership Project Spanish Caregiver Support Group**
(708) 652-7711
1510 S 49th Ct, Cicero, IL 60804
Interfaith Leadership Project offers a caregiver support group for family members taking care of loved ones. The Spanish support group meets the last Sunday of the month at 2 PM.

- **UIC Spanish Support Group**
1740 W Taylor St, Chicago, IL 60612
UIC offers a caregiver support group for family members taking care of loved ones. The Spanish support group meets on the 3rd Sunday of the month at 10 AM.



Legal & Financial

A diagnosis of dementia will require legal and financial planning. Here are resources to help with the process:

■ **The Circuit Court of Cook County - Elder Justice Center**

(312) 603-9233

50 West Washington Street, Chicago, Illinois 60602

<http://www.cookcountycourt.org/ABOUTTHECOURT/CountyDepartment/ProbateDivision/ElderJusticeCenterEJC.aspx>

This center offers information and support to avoid abuse, neglect, and financial exploitation, help navigating the court system, and referrals to legal assistance and social service agencies.

■ **Elder Law Answers - Find Local Elder Law Assistance**

<https://www.elderlawanswers.com/>

Search for an attorney local to your area, or browse resources and information on financial and legal issues of aging and/or caring for an Alzheimer's patient.

■ **Legal Aid Chicago**

(312) 341-1070

<https://www.legalaidchicago.org/get-help/how-can-we-help/>

Legal Aid Chicago provides free legal assistance in civil cases to people living in Chicago and suburban Cook County with a focus on vulnerable populations including seniors.

■ **National Center on Elder Abuse (NCEA)**

(855) 500-3537

<https://ncea.acl.gov/Contact.aspx>

NCEA is a national resource center devoted to the prevention of elder mistreatment by disseminating information.

■ **Catholic Charities - Legal Department**

(312) 948-6821

721 N. LaSalle Street Chicago, IL 60654

<https://www.catholiccharities.net/GetHelp/OurServices/LegalServices/CCLA.aspx>

CCLA provides legal services to clients living with a low income. Services include legal advice, file services, direct representation or referrals to legal service providers based on customer needs.



Research

If you are caring for a loved one with dementia, they may be eligible to participate in research:

■ **Northwestern University Mesulam Center for Cognitive Neurology and Alzheimer's Disease**

(312) 908-9339

300 E. Superior St., Tarry 8 Chicago, IL 60611

<https://www.brain.northwestern.edu/join/index.html>

The Mesulam Center seeks participants for research studies which will lead to future treatments and better understanding of Alzheimer's disease and related dementias.

■ **National Institute on Aging Alzheimer's Disease Research Centers (NIA ADRC)**

(312) 908-9339

Northwestern University 300 E. Superior Street, Tarry 8 Chicago, IL 60611

Rush University Medical Center 600 South Paulina Street, Suite 130 Chicago, IL 60612

<https://www.nia.nih.gov/health/alzheimers-disease-research-centers>

The Alzheimer's Disease Research Centers (ADRCs) help with diagnoses and medical management, information, opportunities to participate in research studies and special programs.

■ **Rush Alzheimer's Disease Center**

(312) 942-0050 (312) 941-3333

600 South Paulina Street, Suite 130 Chicago, IL 60612

<https://www.rushu.rush.edu/research/departmental-research/rush-alzheimers-disease-center>

The Latino CORE study is a long term epidemiological study looking at the specific risk factors for Alzheimer's disease about healthy older Latino adults (who don't have a dementia diagnosis).

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We thank the LA CARE members and volunteers for donating their time in putting this directory together and the health and social providers for their resources.

We acknowledge the complexity and intensity of living with Alzheimer's disease or a related dementia and hope that families facing this disease find this directory useful.