YOUGER-ONSET EDUCATION & SUPPORT GROUP (YOSEG)

Living with a young onset (under age 65) diagnosis of Alzheimer’s disease

Monthly support group for persons under the age 65 living with a form of dementia in the early stage and their family members

The therapeutic and peer-support group is professionally facilitated and may include discussions about the impact of the diagnosis on you and your family, coping with changing abilities, improving communication skills, finding meaningful activity, and planning for the future. You will have access to up-to-date information about treatment and research advances and available community resources. Participants must have a diagnosis of Alzheimer’s disease or related illness and must have been diagnosed at the age of 65 or younger, and must be able to participate and feel comfortable in a group setting.

GROUP SESSIONS WILL PROVIDE
- Information and Education
- Coping Strategies
- Discussing and problem solving
- Emotional support

Space is limited and an interview is required to participate.

For more information please contact Jaimie Robinson MSW, LCSW Jaimie.Robinson@nmff.org or call 312-695-0450

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