

## Registration

Space is limited. Please register by **March 1** at [www.brain.northwestern.edu/events/ftdppa.html](http://www.brain.northwestern.edu/events/ftdppa.html).

**Cost** (includes lunch)

*Prepaid registration by **March 1**: \$35 per family caregiver, \$100 for professionals*

*Payment after **March 1**: \$45 per family caregiver, \$115 for professionals*

Scholarships for families are available. Contact [k-zachrich@northwestern.edu](mailto:k-zachrich@northwestern.edu) for more information.

## Accreditation statement

Northwestern Memorial Hospital–NM Academy is an approved provider of continuing nursing education by the Illinois Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Social workers will receive six Continuing Education Units for attending this conference.

## Questions?

[www.brain.northwestern.edu/events/ftdppa.html](http://www.brain.northwestern.edu/events/ftdppa.html), [k-zachrich@northwestern.edu](mailto:k-zachrich@northwestern.edu), 312-908-9023

**Discounted local lodging:** 312-926-ROOM

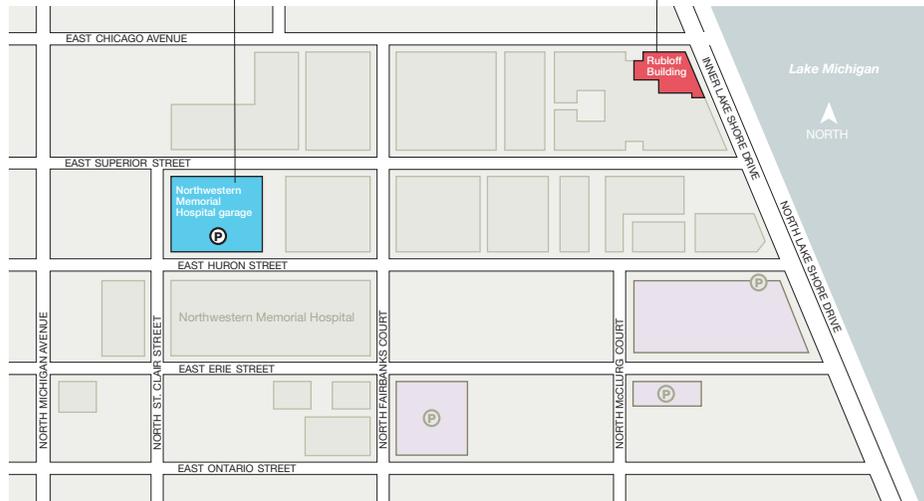
**Travel or respite assistance:** Association for Frontotemporal Degeneration, [info@theaftd.org](mailto:info@theaftd.org), 267-514-7221 or 866-507-7222 (toll-free)

## Discounted parking

Northwestern Memorial Hospital garage  
222 East Huron Street

## Rubloff Building

375 East Chicago Avenue



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COGNITIVE NEUROLOGY AND ALZHEIMER'S DISEASE CENTER

NORTHWESTERN UNIVERSITY  
FEINBERG SCHOOL OF MEDICINE  
320 East Superior Street, Searle 11-453  
Chicago, Illinois 60611-2923

## Frontotemporal Degeneration and Primary Progressive Aphasia Family Caregiver and Professional Education and Support Conference

The purpose of the conference is to educate professionals and families about FTD and PPA and provide information on caring for those diagnosed with FTD and PPA and their families.

COGNITIVE NEUROLOGY AND  
ALZHEIMER'S DISEASE CENTER

FRONTOTEMPORAL DEGENERATION  
AND PRIMARY PROGRESSIVE APHASIA

## FAMILY CAREGIVER AND PROFESSIONAL EDUCATION AND SUPPORT CONFERENCE

*In collaboration with*  
the Association for Frontotemporal Degeneration  
and the National Aphasia Association

*Sponsored in part by*  
the Glen and Wendy Miller Family Foundation

*Coprovided by*  
the Cognitive Neurology and Alzheimer's Disease  
Center (CNADC) and Northwestern Memorial  
Hospital–NM Academy

**Saturday, March 24, 2012**

Northwestern University  
Thorne Auditorium, Rubloff Building  
375 East Chicago Avenue, Chicago



NORTHWESTERN  
UNIVERSITY

## SCHEDULE, SATURDAY, MARCH 24, 2012

- 7:30–8:45 a.m. **Registration and Vendor Fair**
- 8:45–9 a.m. **Welcome**  
Marsel Mesulam, MD; director, CNADC  
Darby Morhardt, MSW, LCSW; education director, CNADC
- 9–9:30 a.m. **Overview of FTD and PPA**  
Diana Kerwin, MD; assistant professor of geriatrics, Northwestern University
- 9:30–10:15 a.m. **Keynote Address: “Behaviors, Language, and Communication”**  
Geri Hall, PhD, ARNP, GCNS, FAAN; clinical nurse specialist,  
Banner Alzheimer’s Institute, Phoenix
- 10:15–10:30 a.m. **Break and Vendor Fair**
- 10:30 a.m.–noon **Question-and-Answer Session** with Dr. Kerwin, Dr. Hall, a PPA caregiver,  
and an FTD caregiver
- noon–1:15 p.m. **Lunch** (provided) and **Vendor Fair**
- 1:30–2:45 p.m. **Breakout Session 1**
- 3–4:15 p.m. **Breakout Session 2**
- 4:30–5 p.m. **Closing Plenary: “Stress and Caregiving: Mindfulness as a Coping Tool”**  
Jennifer Medina, PhD; instructor in psychiatry and behavioral sciences,  
Northwestern University Department of Psychiatry



*Autumn Watercolor* by D. W. Foote,  
who has a diagnosis of PPA

## AFTERNOON BREAKOUT SESSIONS

### ATTENDEES SHOULD REGISTER FOR TWO SESSIONS.

#### Caring for Persons with FTD and PPA in Home Care and Adult Day Services

*Geri Hall, PhD, ARNP, GCNS, FAAN; Banner Institute*  
*Sheila McMackin, MSW, LCSW; Wellspring Personal Care*  
*Sandra Meyer, RN; Amedisys Home Health Services*  
*Mary O’Hara, AM, LCSW; CNADC*  
*Jane Stansell, RN, MSN; Alzheimer’s Family Care Center, Rush University*

Home care and adult day services staff will learn helpful approaches to meeting the unique needs of persons with FTD and PPA. This session is designed for professionals, but family caregivers are welcome.

#### Caring for Persons with FTD and PPA in a Long-Term-Care Setting

*Hedy Ciocci, BSN, RN, LSNH; Selfhelp Home*  
*Sharon Denny, MA; Association for Frontotemporal Degeneration*  
*Geri Hall, PhD, ARNP, GCNS, FAAN; Banner Institute*  
*Colleen Kamin, LNHA, CDP; Harbor House*  
*Darby Morhardt, MSW, LCSW; CNADC*

Discuss the challenges faced, as well as the most helpful approaches and strategies, in long-term care of people with FTD and PPA. This session is designed for professionals, but family caregivers are welcome.

#### Exploring Creative Arts Therapies

*Deb Delsignore, MAAT, ATR-BC; CJE SeniorLife*  
*Rebecca Froman, MA, MT-BC; CJE SeniorLife*  
*Erica Hornthal, MA, LCPC, BC-DMT; North Shore Dance Therapy*

Learn about creative arts interventions for persons with FTD/PPA, including art, music, and movement therapies.

#### Identifying Communication Strategies

*Becky Kahyum, MS, CCC-SLP; Memory Care Corporation*

Learn tips and strategies for supporting language abilities and hear about resources to maximize communication among family members.

#### Newly Diagnosed: Now What?

*Janna Dutton, JD; Dutton & Casey*  
*Sandra Weintraub, PhD; CNADC*

The first steps to take after a diagnosis will be discussed, along with the basics of legal and financial planning, safety and communication issues, and finding educational and support resources.

#### Responding to Behavior and Personality Changes in FTD and PPA

*Michelle Sanfilippo, MPAS, PA-C; Alexian Brothers Neurosciences Institute*

Learn about methods of intervention for common behavioral changes in FTD and PPA.

#### Reviewing Care Options for Advanced-Stage FTD and PPA

*Joshua Hauser, MD; Buehler Center on Aging, Health, and Society, Northwestern University*  
*Pamela Palmentera, MSW, LCSW; Northwestern Memorial Hospital*

Review late-stage symptoms, evaluate care options, and learn to maximize family support.

#### Support Group for Families with Children and Teens

*Sharon Denny, MA; Association for Frontotemporal Degeneration*  
*Darby Morhardt, MSW, LCSW; CNADC*

Young families will have a safe environment in which to discuss the impact of an FTD/PPA diagnosis in this professionally facilitated and confidential support group. Session for family caregivers only.

#### Support Group for Family Caregivers

*Jennifer Medina, PhD; Northwestern University Department of Psychiatry and CNADC*

In this professionally facilitated and confidential support group, family caregivers will have a safe environment in which to share with others who understand the experience of having a loved one diagnosed with PPA or FTD. Session for family caregivers only.

#### Support Group for Navigating Family Conflict

*Marcia Spira, PhD; Institute for Intergenerational Study and Practice, Loyola University Chicago*  
*School of Social Work*

In this professionally facilitated and confidential support group, family caregivers will have a safe environment in which to share experiences related to family conflict and to review strategies for positive family communication. Session for family caregivers only.

#### Understanding Genetics in FTD and PPA

*Lisa Kinsley, MS, CGC*  
*HyungSub Shim, MD; CNADC*

Genetic risk factors, the steps involved in genetic counseling and testing, and the implications for family members will be reviewed and discussed.

#### When Is It Time? Identifying Options and Making Transitions for Care

*Signe Gleeson, MS, RNC, CCM; ElderCare Solutions*  
*Jaimie Robinson, MSW, LCSW; CNADC*

The difficult decisions involved in transitions, approaches to necessary change, and support available to both the diagnosed person and the family will be discussed.